



# Baptist Care (SA) Inc

## Adventure Camping

The Team - Benno, Josh, Jesse & Jamie



# ADVENTURE SERVICES PROGRAM

## AUGUST - DECEMBER 2011

[www.baptistcaresa.org.au/adventurecamping](http://www.baptistcaresa.org.au/adventurecamping)

### ADVENTURE FOR LIFE!

Come and challenge yourself with other young people aged 13-24. Check out our website for eligibility criteria.

### WILD UNLIMITED

is a day activity program for mixed-gender groups - a great way to come and try!

### ADVENTURE BREAKS

are 3-day/2-night wilderness expeditions for single-gender groups.

### IT'S FREE!

Both programs are delivered with funding from Drug and Alcohol Services SA (DASSA).

### BOOK YOUR SPOT

Places are limited, so contact us today.  
 Phone: (08) 8388 5234  
 Fax: (08) 8388 5796  
 Mobile: 0427 536 758 (Josh Pratt)  
 Email: [jpratt@baptistcaresa.org.au](mailto:jpratt@baptistcaresa.org.au)

### WHERE?

All activities depart from  
 BC(SA) Inner City Services,  
 Corner Wright Street and Millers Court,  
 Adelaide SA 5000

### FEE FOR SERVICE PROGRAMS

We also provide outdoor adventure programs for a wide range of client groups. Call us for more information.

Date	Activity	Location
Wild Unlimited - Day Activities for Young People		
9-Aug-11	Kayaking	Garden Island
9-Sep-11	Mountain Biking	Kuitpo Forest
25-Nov-11	Christmas Party High Ropes	Mylor
Adventure Breaks - Camps for Young Women aged 13-24		
2-4 Sep-11	Kayaking	Coorong
Adventure Breaks - Camps for Young Men aged 13-24		
21-23 Oct-10	Kayaking	Wardang Island





## Baptist Care (SA) Inc Adventure Camping

### **FIRST-TIMERS:**

Remember to fill out an INDUCTION FORM and ACTIVITY CONSENT FORM and get them back to us as soon as you can - download forms from our website

### **OLD-TIMERS:**

Remember to fill out an ACTIVITY CONSENT FORM and get them back to us as soon as you can

### **Your checklist of what to pack:**

- **Comfortable clothes for outdoor activities:** not new stuff, we'll get wet and dirty!
- **A warm jumper or top:** to put on when we stop
- **A change of clothes and towel:** to dry and change at the end of the day
- **Old closed shoes:** they need to cover your feet for protection but they will get wet and dirty, thongs and other open ended footwear can get caught in the kayak foot pedals.
- **Sunglasses**
- **Camera:** if you like - we have a camera as well
- **Music CDs:** if you like - for tunes in the vehicle on the way there and back home

### **Your checklist of what to leave at home:**

- **Drugs and alcohol:** All our programs are drug and alcohol free, however smoking tobacco is permitted. Personal medication prescribed by a qualified medical practitioner is held by staff.
- **MP3 players:** We can listen to CD's and/or the radio in the vehicle while we're traveling.
- **Mobile Phones:** We have phones for emergency use - yours could get lost or broken.

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# Adventure For Life!

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### **We'll supply you with the following:**

- **Transport:** in our 4WD 10 seater Toyota Troop Carrier
- **Lunch and snacks:** please let us know before the day if you have special dietary needs
- **Rain jacket:** yep, we operate in the rain!
- **Adventure gear:** We have everything you'll need
- **Sunscreen, insect repellent:** and a hat if you haven't got one!
- **GOOD COMPANY AND A GREAT TIME!**

### **Our values:**

- **We're here because we want to be here**
- **We respect - Ourselves, Each Other, The Environment and Our Equipment!**